

WEEK 2
MENU FOR : Autumn / Winter 2022/2023

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|--------------------------------|---|---|---|--|--|
| Snack (Water & Milk) | There is a wide variety of snacks every day (i.e. fresh fruit, vegetables, breadsticks, hot cross buns, croissants, brioche, rice cakes, toast). | | | | |
| Lunch (Water) | (High Meat Content) Pork Sausage Casserole | Chicken & Vegetable Pie | Salmon & Broccoli Pasta Bake | Vegetarian Mince & Vegetables | Roast Beef with Gravy & Yorkshire Pudding |
| | Brown Rice Mixed Vegetables | New Potatoes Carrots & Green Beans | Crusty Bread Peas Sweetcorn | Mashed Potato Roast Parsnips Broccoli Cauliflower | Roast Potatoes Carrots Cabbage |
| | Vegetarian Sausage Casserole | Haricot Bean & Vegetable Pie | Vegetable Pasta Bake | As Above | Butterbean & Vegetable Bake |
| Dessert | Peach slices With Greek Yoghurt | Apple & Cinnamon Pancakes with Ice Cream | Fruit Yoghurt | Apple & Raspberry Crumble with Custard | Rhubarb & Custard Fool |
| Tea (Water) | Assorted Cheese & Crackers with Celery & Cucumber | Spaghetti Hoops on Toast | Jacket Potato with Beef Chilli/Tuna or Cheese | Sandwiches with Ham/Cheese/Marmite | Sweet Potato & Cheese Scones with Salad Sticks |
| | Fresh Fruit | Fresh Fruit | Fresh Fruit | Fresh Fruit | Fresh Fruit |

Water is available throughout the day
Buttercup Room's menu is adapted to suit the weaning stage of each child
If your child has an allergen the menu will be adapted according to their required diet