

**WEEK 1**  
**Menu For: Autumn / Winter 2021/2022**

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Snack</b> (Water & Milk)	There is a wide variety of snacks every day (i.e. fresh fruit, vegetables, breadsticks, hot cross buns, croissants, brioche, rice cakes, toast etc).				
<b>Lunch</b> (Water)	Beef & Mixed Bean Chilli	Spinach & Ricotta Ravioli with Tomato & Basil Sauce	Roast Chicken with Gravy	Cod Fish Fingers	Lamb Shepherds Pie
	Brown rice Peas & sweetcorn	Salad sticks Broccoli Cauliflower	New Potatoes Mashed Swede Carrots Green Beans	Mashed Potato Baked Beans Mixed Vegetables	Cabbage Sweetcorn Carrots
	Vegetable & Mixed Bean Chilli	As Above	Quorn Fillet with Gravy	Homemade Vegetable Fingers	Green Lentil & Vegetable Pie
<b>Dessert</b>	Bananas with Custard	Fruit yoghurt	Vegan Banana & Courgette Cake with Yoghurt	Semolina with Raisins	Rhubarb & Custard Dessert
<b>Tea</b> (Water)	French Bread With chicken slices Marmite, Cream Cheese.	Assorted Cheese & Crackers with Cucumber & Carrot Surprise Biscuits.	Homemade Tomato & Lentil Soup with Homemade Bread.	Toasted Crumpets With various toppings.	Homemade Puff Pastry Pizza Whirls with Salad Sticks
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit

Water is available throughout the day  
Yellow Room's menu is adapted to suit the weaning stage of each child  
If your child has an allergen the menu will be adapted according to their required diet