

WEEK 1
Menu For: Autumn / Winter 2020/2021

	Monday	Tuesday	Wednesday	Thursday	Friday
Snack (Water & Milk)	There is a wide variety of snacks every day (i.e. fresh fruit, vegetables, breadsticks, hot cross buns, croissants, brioche, rice cakes, toast etc).				
Lunch (Water)	Beef & Mixed Bean Chilli	Spinach & Ricotta Cannelloni Bake	Creamy Cod & Leek Crumble with Potato top	Moroccan Lamb Casserole	Roast Chicken Breast with Gravy
	Jacket Potatoes Peas & sweetcorn	Salad sticks Broccoli Cauliflower	Baked beans Cauliflower Carrots	Cous Cous mixed Vegetables	New potatoes Carrots, cabbage Roasted parsnips
	Vegetable & Mixed Bean Chilli	As Above	Creamy butterbean & vegetable Crumble	Moroccan Lentil & vegetable casserole	Quorn fillet With gravy
Dessert	Bananas with Custard	Semolina With raisins	Lemon & Blueberry Muffins with Natural yoghurt	Fruit Yoghurt	Pear Crumble With Icecream
Tea (Water)	French Bread With chicken slices Marmite, Cream Cheese.	Assorted Cheese & Crackers with Cucumber & Carrot Surprise Biscuits.	Homemade Tomato & Lentil Soup with Homemade Bread.	Homemade Puff Pastry Pizza Whirls & salad sticks.	Toasted Crumpets With various toppings.
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit

Water is available throughout the day
Yellow Room's menu is adapted to suit the weaning stage of each child
If your child has an allergen the menu will be adapted according to their required diet