**Spring/Summer 2020 WEEK 1**

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|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Snack**  **(Water & Milk)** | There is a wide variety of snacks every day (No added sugar-  (i.e. fresh fruit, breadsticks, hot cross buns, bagels, rice cakes, toast). Home-made fruit muffins). | | | | |
| **Lunch**  **(Water)** | Quorn  Bolognaise | Roast Leg of  Pork With  Gravy | Lamb  Saag Aloo  Curry | Homemade  Tuna & Sweetcorn  Fishcakes | Chicken, Leek  And Mushroom  Pie |
| Penne Pasta  Broccoli  Cauliflower | Mashed Potatoes  Carrots  Green Beans  Roast Parsnips | Brown Rice  Mixed Vegetables  Naan Bread | Sweet potato  Wedges  Baked Beans  Carrots & Peas | New Potatoes  Mashed Swede  Cabbage & Sweetcorn |
| As Above | Lentil & Vegetable  Bake | Chickpea &  Vegetable  Saag Aloo | Mixed Bean &  Vegetable Cakes | Haricot Bean  Leek & Mushroom |
| **Dessert** | Semolina  With  Raisins | Fruit  Yoghurts | Beetroot, Courgette  & Cocoa Cake  With Ice-cream | Mixed Berry  Fool | Apple &  Strawberry  Crumble  With Custard |
| **Tea**  **(Water)** | French Bread  With Chicken slices,  Egg mayonnaise  & Marmite  Fresh Fruit | Assorted cheese  & Crackers  With Celery &  Cucumber  Surprise Biscuits  Fresh Fruit | (Low fat/Low sugar)  Spaghetti Hoops  On Toast  Fresh Fruit | Beef, Spinach  & Mushroom Koftas  Lentil & Vegetables  Koftas  With Pitta Fingers  Fresh Fruit | Red Pepper, Feta  & Courgette  Muffins  Salad sticks  Fresh Fruit |

Water is available throughout the day

Yellow Room’s menu is adapted to suit the weaning stage of each child

If your child has an allergen the menu will be adapted according to their required diet