**Spring/Summer 2020 WEEK 1**

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|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Snack****(Water & Milk)** | There is a wide variety of snacks every day (No added sugar- (i.e. fresh fruit, breadsticks, hot cross buns, bagels, rice cakes, toast). Home-made fruit muffins). |
| **Lunch****(Water)** | QuornBolognaise | Roast Leg of Pork WithGravy | Lamb Saag AlooCurry | Homemade Tuna & SweetcornFishcakes | Chicken, LeekAnd MushroomPie |
| Penne PastaBroccoliCauliflower | Mashed PotatoesCarrotsGreen Beans Roast Parsnips | Brown RiceMixed VegetablesNaan Bread | Sweet potatoWedgesBaked BeansCarrots & Peas | New PotatoesMashed SwedeCabbage & Sweetcorn  |
| As Above  | Lentil &VegetableBake | Chickpea &VegetableSaag Aloo | Mixed Bean &Vegetable Cakes | Haricot BeanLeek & Mushroom  |
| **Dessert**  | Semolina WithRaisins | Fruit Yoghurts  | Beetroot, Courgette& Cocoa CakeWith Ice-cream | Mixed BerryFool  | Apple &StrawberryCrumbleWith Custard |
| **Tea****(Water)** | French BreadWith Chicken slices,Egg mayonnaise& MarmiteFresh Fruit | Assorted cheese& CrackersWith Celery &CucumberSurprise BiscuitsFresh Fruit | (Low fat/Low sugar)Spaghetti HoopsOn ToastFresh Fruit | Beef, Spinach& Mushroom KoftasLentil & VegetablesKoftasWith Pitta FingersFresh Fruit | Red Pepper, Feta& CourgetteMuffinsSalad sticksFresh Fruit |

Water is available throughout the day

Yellow Room’s menu is adapted to suit the weaning stage of each child

If your child has an allergen the menu will be adapted according to their required diet