

WEEK 3
Autumn/Winter 2019/2020

	Monday	Tuesday	Wednesday	Thursday	Friday
Snack (Water & Milk)	There is a wide variety of snacks every day (i.e. fresh fruit, vegetables, breadsticks, hot cross buns, croissants, brioche, rice cakes, toast etc)				
Lunch (Water)	(High Meat Content) Pork Sausages & Mixed Bean Casserole	Salmon, Pea & Tarragon Pie (Puff Pastry)	Katsu Chicken Curry	Roast Beef With Gravy & Yorkshire Pudding	Vegetarian Cottage Pie With Potato & Parsnip Mash Top
	Jacket Potato Green Beans Sweetcorn	New Potato Cabbage Carrots	Brown Rice Mixed Vegetables	Roast Potatoes Broccoli Cauliflower Sweetcorn	Baked Beans Carrots Peas
	Quorn Sausage & Mixed Bean Casserole	Butterbean & Vegetable Pie	Chickpea & Vegetable Curry	Lentil Casserole	As Above
Dessert	Fruit Salad with Natural Yoghurt	Rice Pudding with Fruit Coulis	Apple Cinnamon Crumble Cake with Ice-cream	Fruit Yoghurt	Creamy Rhubarb & Custard Dessert
Tea (Water)	Muffin Slices with Various Toppings	Croissants with Home Cooked Ham or Cheese	Potato Gnocchi with Tomato & Basil Sauce	Assorted Cheese & Crackers With Celery & Cucumber Surprise Biscuits	Homemade Mini Lamb Koftas or Vegetable & Lentil Koftas with Pitta Fingers
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit

Water is available throughout the day
Buttercup Room's menu is adapted to suit the weaning stage of each child
If your child has an allergen the menu will be adapted according to their required diet