

**WEEK 1**  
**Autumn/Winter 2019/2020**

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Snack</b> (Water & Milk)	There is a wide variety of snacks every day (i.e. fresh fruit, vegetables, breadsticks, hot cross buns, croissants, brioche, rice cakes, toast etc).				
<b>Lunch</b> (Water)	Beef & Mixed Bean Chilli	Spinach & Ricotta Cannelloni Bake	Cod & Haddock Fishcakes	Moroccan Lamb Casserole	Roast Chicken Breast with Gravy
	Brown Rice Peas & Cauliflower	Salad sticks Broccoli Carrots	Jacket Wedges Baked Beans Cauliflower Green Beans	Cous Cous Mixed Vegetables	New Potatoes Carrots Cabbage Roast Parsnips
	Vegetable & Mixed Bean Chilli	As Above	Vegetable & Spinach Cakes	Moroccan Lentil Vegetable Casserole	Quorn Fillet With Gravy
<b>Dessert</b>	Bananas With Custard	Semolina With Raisins	Lemon & Blueberry Muffins	Fruit Yoghurt	Apple & Blackberry Crumble with Ice-cream
<b>Tea</b> (Water)	French Bread With Chicken Slices Marmite or cream Cheese	Assorted Cheese & Crackers with Cucumber & carrot & Surprise Biscuit	Homemade Tomato & Orzo Pasta Soup With Bread	Homemade Sausage Rolls Or Cheese Rolls With Salad Sticks	Toasted Crumpets With Various Toppings
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit

Water is available throughout the day  
Buttercup Room's menu is adapted to suit the weaning stage of each child  
If your child has an allergen the menu will be adapted according to their required diet