**WEEK 3**

**MENU FOR WEEK COMMENCING: Winter/Spring 2019/2020**

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| --- | --- | --- | --- | --- | --- |
|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Snack****(Water & Milk)** |  There is a wide variety of snacks every day  (i.e. fresh fruit, vegetables, breadsticks, hot cross buns, croissants, brioche, rice cakes, toast etc) |
| **Lunch****(Water)** | Lamb & Vegetable Bolognaise | Vegetable Pasta Bake  | Fish Pie | Homemade Breaded Chicken Breast | Roast Leg of PorkWith Gravy |
| Penne Pasta Mixed VegetablesSalad Sticks | SweetcornPeasGarlic Bread | CarrotsCabbageCauliflower | New PotatoesBaked BeansSweetcornGreen Beans | Mashed PotatoCarrotsMashed SwedeRoasted Parsnips |
| Vegetable Bolognaise | As Above | Vegetable Pie | Breaded Quorn Fillet | Lentil & Vegetable Casserole |
| **Dessert**  | Peach SlicesWith GreekYoghurt | Coconut Rice Pudding | Rhubarb Fool | Apple Eves Pudding WithCustard | Fruit Yoghurts |
| **Tea****(Water)** | AssortedCheese & CrackersCelery / CucumberFresh Fruit | ToastedCrumpetsWith variousToppings Fresh Fruit | Jacket Potatoes WithChilli/CheeseFresh Fruit | Homemade Butternut Squash SoupWith BreadSurprise BiscuitsFresh Fruit | Sandwiches With Chicken Breast, Marmite or CheeseFresh Fruit |

Water is available throughout the day

Yellow Room’s menu is adapted to suit the weaning stage of each child

If your child has an allergen the menu will be adapted according to their required diet